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# DR. THERESA MARGARETA ENTRINGER

Research Associate (Postdoctoral Researcher)

German Institute for Economic Research (DIW Berlin) | Socio-Economic Panel (SOEP)

Mohrenstraße 58 | 10117 Berlin | Germany

Phone +49-30-89789-321 | email: [tentringer@diw.de](mailto:tentringer@diw.de)

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## RESEARCH INTERESTS

Personality traits, their changes over time, and their interactions with cultural norms; mental health and well-being, in particular, loneliness.

## THREE MOST IMPORTANT PUBLICATIONS

**Entringer, T. M.**, Gebauer, J. E., & Paulhus, D. L. (2021a). Extracting Agency and Communion From the Big Five: A Four-Way Competition. *Assessment*, 29(6), 1216-1235.

<https://doi.org/10.1177/10731911211003978>

**Entringer, T. M.**, Gebauer, J. E., Eck, J., Bleidorn, W., Rentfrow, P. J., Potter, J., & Gosling, S. D. (2021b). Big Five facets and religiosity: Three large-scale, cross-cultural, theory-driven, and process-attentive tests. *Journal of Personality and Social Psychology*, 120(6), 1662-1695.

<https://doi.org/10.1037/pspp0000364>

Gebauer, J. E., Eck, J., **Entringer, T. M.**, Bleidorn, W., Rentfrow, P. J., Potter, J., & Gosling, S. D. (2020).

The Well-Being Benefits of Person-Culture Match are Contingent on Basic Personality Traits.

*Psychological Science*, 31(10), 1283-1293. <https://doi.org/10.1177/0956797620951115>

## RESEARCH EXPERIENCE

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|-------------------|---|
| Since 05/2019     | <b>Research Associate</b> (postdoctoral researcher) at the Socio-Economic Panel<br>Responsible for the research area Personality and Well-Being.<br>Head of the project DDR-Psych (GDR Past and Mental Health: Risk and Protection Factors)<br>DIW Berlin, Berlin, GER                            |
| 12/2018 - 04/2019 | <b>Research Associate</b> (PhD student) at the Chair of Psychological Methodology and Diagnostics (Prof. Thorsten Meiser)<br>University of Mannheim, Mannheim, GER  |
| 05/2015 - 04/2018 | <b>Research Associate</b> (PhD student) in the Emmy Noether Junior Research Group "Self & Society"<br>Heisenberg Professorship for Cross-Cultural Social and Personality Psychology (Prof. Jochen Gebauer)<br>University of Mannheim, Mannheim Centre for European Social Research, Mannheim, GER |
| 05/2013 - 04/2015 | <b>Research Associate</b> (PhD student) at the Chair of Marketing and Human Resources Management (Prof. Ruth Stock-Homburg)   |

Technical University of Darmstadt, Darmstadt, GER

## EDUCATION

- 05/2015 - 04/2019 **PhD** in social sciences (psychology)  
Title: "The Sociocultural Motives Perspective—Personality and the Motive for Assimilation versus Contrast"  
Supervisor: Prof. Jochen E. Gebauer  
University of Mannheim, Mannheim, GER
- 10/2010 - 04/2013 **M.Sc. Psychology**  
Title: "Differential effects of anxiety-inducing stimuli—an analysis of physiological and subjective data"  
Supervisor: Prof. Augustin Kelava  
Technical University of Darmstadt, Darmstadt, GER
- 08/2011 - 12/2011 **Study abroad (master studies)**  
University of Wisconsin–Madison, Madison, WI, USA
- 10/2007 - 09/2010 **B.Sc. Psychology**  
Title: "Development of a new questionnaire on emotion regulation"  
Supervisor: Prof. Augustin Kelava  
Technical University of Darmstadt, Darmstadt, GER
- 08/1999 - 07/2006 **High school diploma (*Abitur*)**  
Gymnasium Europaschule Westerstede, Westerstede, GER

## RESEARCH STAYS

- 12/2022 University of Melbourne (Prof. Luke Smilie), Melbourne, AUS
- 04/2018 - 12/2018 University of British Columbia (Prof. Delroy Paulhus), Vancouver, CA

## LIST OF PUBLICATIONS

Google scholar: <https://bit.ly/401RPG8>; h-index = 10

### Peer-reviewed publications

- Entringer, T.M.**, Buchinger, L., Güttschow, L. & Schenk, T. (in press) Mental Health in East and West Germany from Reunification to the Present. Book chapter for the edited volume *After the Wall*, Routledge.
- Entringer, T. M.**, Lehnhausen, M., Hopwood, C.J., & Bleidorn, W. (in press). No Evidence for Transactional Effects Between Religiosity and Self-Esteem in a Secular Country. *Social Psychological and Personality Science*.
- Lehnhausen, M. R., Schwaba, T., Gebauer, J. E., **Entringer, T. M.** & Bleidorn, W. (in press) Transactional Effects Between Personality and Religiosity. *Journal of Personality and Social Psychology*.
- Vogel, V. & **Entringer, T. M.** (in press). Infection rates matter – especially for people from lower social class: A large-scale investigation of the Covid-19 pandemic on mental health. *Zeitschrift für Psychologie*.

- Entringer, T. M.,** Gebauer, J. E., & Kroeger, H. (2023). Big Five Personality and Religiosity: Bidirectional Cross-Lagged Effects and their Moderation by Culture. *Journal of Personality*.  
<https://doi.org/10.1111/jopy.12770>
- Benke, C., Asselmann, E., **Entringer, T. M.,** & Pané-Farré, C. A. (2022). The role of pre-pandemic depression for changes in depression, anxiety, and loneliness during the COVID-19 pandemic: Results from a longitudinal probability sample of adults from Germany. *European Psychiatry*, 65(1), e76.
- Entringer, T. M.,** & Gosling, S. D. (2022). Loneliness during a nationwide lockdown and the moderating effect of extroversion. *Social Psychological and Personality Science*, 13(3), 769-780.  
<https://doi.org/10.1177/19485506211037871>
- Hettich, N., **Entringer, T. M.,** Kroeger, H., Schmidt, P., Tibubos, A., Braehler, E., & Beutel, M. (2022). Impact of the COVID-19 pandemic on depression, anxiety, loneliness, and satisfaction in the German general population - A longitudinal analysis. *Social Psychiatry and Epidemiology*.  
DOI:10.1007/s00127-022-02311-0
- Buecker, S., Ebert, T., Götz, F. M., **Entringer, T. M.,** & Luhmann, M. (2021). In a lonely place: Investigating regional differences in loneliness. *Social Psychological and Personality Science*, 12(2), 147-155.  
<https://doi.org/10.1177/19485506211037871>
- Entringer, T. M.,** Gebauer, J. E., & Paulhus, D. L. (2021a). Extracting agency and communion from the big five: A four-way competition. *Assessment*, 29(6), 1216-1235.  
<https://doi.org/10.1177/10731911211003978>
- Entringer, T. M.,** Gebauer, J. E., Eck, J., Bleidorn, W., Rentfrow, P. J., Potter, J., & Gosling, S. D. (2021b). Big Five facets and religiosity: Three large-scale, cross-cultural, theory-driven, and process-attentive tests. *Journal of Personality and Social Psychology*, 120(6), 1662-1695.  
<https://doi.org/10.1037/pspp0000364>
- Gebauer, J. E., Eck, J., **Entringer, T. M.,** Bleidorn, W., Rentfrow, P. J., Potter, J., & Gosling, S. D. (2020). The well-being benefits of person-culture match are contingent on basic personality traits. *Psychological Science*, 31(10), 1283-1293. <https://doi.org/10.1177/0956797620951115>

#### **Publications under revision**

- Buchinger, L., **Entringer, T. M.,** Richter, D., Wagner, G.G., Gerstorff, D. & Bleidorn, W. (2023). Co-development of life goals and the Big Five personality traits. Manuscript conditionally accepted for publication at the *Journal of Personality and Social Psychology*.
- Steinmann, J.-P., **Entringer, T. M.,** Hartmann, J., & Kroeger, H. (2023). Religious well-being benefits in times of crisis. Religiosity, social integration, and changes in subjective well-being during the early stages of the COVID-19 pandemic in Germany. Manuscript submitted to the *European Sociological Review*.

#### **Non-peer-reviewed publications**

- Entringer, T. M.** & Kroeger, H. (2021). Psychische Gesundheit im zweiten Covid-19 Lockdown in Deutschland (Mental health during the second Covid-19 lockdown in Germany). *SOEPpapers on Multidisciplinary Panel Data Research*, 1136.
- Entringer, T. M.,** Giese, F., Zimmermann, S. & Richter, D. (2022). The SOEP Scales Manual (updated for SOEP-Core v37). *SOEPpapers on Multidisciplinary Panel Data Research*, 1217.

**Entringer, T. M.**, Jacobsen, J., Kröger, H., & Metzing, M. (2021). Geflüchtete sind auch in der Corona-Pandemie psychisch belastet und fühlen sich weiterhin sehr einsam (Refugees continue to experience mental stress and loneliness in the Corona pandemic). *DIW Wochenbericht*, 88(12), 227-232.

**Entringer, T. M.**, Kröger, H., Schupp, J., Kühne, S., Liebig, S., Goebel, J., ... & Zinn, S. (2020). Psychische Krise durch Covid-19? Sorgen sinken, Einsamkeit steigt, Lebenszufriedenheit bleibt stabil (Mental health crisis due to Covid-19? Worries decrease, loneliness increases, life satisfaction remains stable). *SOEPpapers on Multidisciplinary Panel Data Research*, 1087.

**Entringer, T.M.**, & Krieger, M. (2020). Alleinlebende verkraften die Pandemie erstaunlich gut (People living alone cope surprisingly well with the pandemic). *Spotlights of the SOEP-CoV Study. DIW, Berlin*.

Liebig, S., Buchinger, L., **Entringer, T. M.**, & Kühne, S. (2020). Ost-und Westdeutschland in der Corona-Krise: Nachwendegeneration im Osten erweist sich als resilient (East and West Germany in the Corona crisis: Generation born in the East after the fall of the Wall proves resilient). *DIW Wochenbericht*, 87(38), 721-729.

Schröder, C., **Entringer, T. M.**, Goebel, J., Grabka, M. M., Graeber, D., Kroh, M., ... & Zinn, S. (2020). COVID-19 is not affecting all working people equally. *SOEPpapers on Multidisciplinary Panel Data Research*, 1083.

#### INDEPENDENTLY ACQUIRED RESEARCH FUNDING

Total: 237,366.32 euros

Content	Funding Body	Status	Total (in Euros)
Leibniz Junior Research Group	Leibniz Association	submitted	1,683,248.36
Emmy Noether Research Group	DFG	submitted	1,755,939.48
Research project DDR-Psych*	BMBF	approved	220,166.32 (all project partners 1,194,906.70)
Research stay	DAAD	approved	2,744
Research stay	DAAD	approved	6,456
Research stay	PROMOS/IPID4ALL	approved	~ 8,000

\*Project funding acquired independently as PI of SOEP of the collaborative research project DDR-Psych (GDR Past and Mental Health: Risk and Protection Factors).

## TEACHING EXPERIENCE

Lectures: 4; Seminars: 16; PhD Workshops: 3

04/2023 - 10/2023	Lecture: Diagnostics (Technical University of Darmstadt)
04/2023 - 10/2023	Lecture: Introduction to Psychological Test Construction (Sigmund Freud University Berlin)
04/2023 - 10/2023	Seminar: Test Theory and Test Construction (Sigmund Freud University Berlin)
11/2022	PhD Workshop: Introduction to Panel Data Analysis (University of Basel)
04/2022 - 10/2022	Lecture: Introduction to Psychological Test Construction (Sigmund Freud University Berlin)
04/2022 - 10/2022	Seminar: Test Theory and Test Construction (Sigmund Freud University Berlin)
04/2021 - 10/2021	Lecture: Introduction to Psychological Test Construction (Sigmund Freud University Berlin)
04/2021 - 10/2021	Seminar: Test Theory and Test Construction (Sigmund Freud University Berlin)
02/2020	PhD Workshop: Introduction to Panel Data Analysis (University of Basel)
11/2019	PhD Workshop: Introduction to Data Analysis with R (Johannes Gutenberg University Mainz)
02/2019 - 05/2019	Seminar: Test Theory and Test Construction (University of Mannheim)
10/2018 - 01/2019	Seminar: Data Analysis in SPSS and R (University of Mannheim)
02/2018 - 03/2018	Seminar: Personality Diagnostics (University of Mannheim)
02/2017 - 05/2017	Seminar: Introduction to Self-Concept Measurement (University of Mannheim)
02/2016 - 05/2016	Seminar: Diagnostics of Self-Concept (University of Mannheim)
10/2014 - 04/2015	Seminar: Writing Expert Reports (Technical University of Darmstadt)
10/2013 - 04/2014	Seminar: Hierarchical Data Analysis with R (Technical University of Darmstadt)
10/2012 - 02/2013	Seminar: Test Theory and Test Construction (Technical University of Darmstadt)*
04/2011 - 09/2012	Seminar: Statistics II (Technical University of Darmstadt)*
10/2010 - 03/2011	Seminar: Test Theory and Test Construction (Technical University of Darmstadt)*
04/2010 - 08/2010	Seminar: Statistics II (Technical University of Darmstadt)*
10/2009 - 04/2010	Seminar: Test Theory and Test Construction (Goethe University Frankfurt)*

\*Due to a lack of research staff, I was allowed to teach seminars independently even before graduating (my supervisor at that time was Prof. Augustin Kelava).

## SUPERVISION OF BACHELOR, MASTER, AND PHD STUDENTS

PhD (unofficial): 2; Master (1); Bachelor (5)

<b>Conclusion</b>	<b>Content</b>	<b>University</b>	<b>Quantity</b>
PhD (unofficial)	Differential Psychology	Freie Universität Berlin	2
Master	Differential Psychology	Technical University of Darmstadt	1
Bachelor	Differential Psychology	Technical University of Darmstadt	1
Bachelor	Differential Psychology	University of Mannheim	2
Bachelor	Differential Psychology	Sigmund Freud University Berlin	1
Bachelor	Diagnostics	Technical University of Darmstadt	1

## PROJECT MANAGEMENT EXPERIENCE

09/2022	Took on management responsibility for the project “Personality and social relationship dynamics: short and medium-term processes in daily life” (DIPS), funded by the German Research Foundation (DFG) (RI 2226/3-1; RI 2226/3-2).
07/2022	Co-organizer of SOEP 2022, the 14th International German SOEP User Conference, at the German Institute for Economic Research Berlin, GER (one of four organizers of the conference).
05/2022	Took on management responsibility for the project “Dynamics of Mental Health of Immigrants” (DMHM); funded by the German Research Foundation (DFG) (KR 5196/1-1)
04/2022	PI of SOEP@DIW Berlin in the research network “GDR Past and Mental Health: Risk and Protection Factors”; funded by the Federal Ministry of Education and Research (BMBF) (01UJ1911BY)
04/2022	PI of SOEP@DIW Berlin in the Leibniz Research Alliance “Resilient Aging”.

## PRESENTATIONS

02/2023	<i>Big Five Personality and Religiosity: Bidirectional Cross-Lagged Effects and their Moderation by Culture</i> . Annual Convention der Society for Personality and Social Psychology, Atlanta, USA
12/2022	<i>On the psychological correlates of religiosity</i> . Research colloquium of Prof. Luke Smilie, Personality Processes Lab, University of Melbourne, Melbourne, AUS
09/2022	<i>Malleable as playdough? New insights on socio-economic and psychological impact factors for personality change</i> . Symposium at the 52nd German Society for Psychology (DGPs) Congress, Hildesheim, GER
04/2022	<i>On the importance of social norms for personality change</i> . Research Colloquium of Prof. Cornelia Wrzus, Department of Psychological Aging Research, Heidelberg University, Heidelberg, GER

- 01/2022 *Die Corona-Pandemie und ihre Auswirkungen. Ergebnisse aus der SOEP-CoV-Studie* (The Corona pandemic and its effects. Findings from the SOEP-CoV study). Research Colloquium "Soziologische Perspektiven auf die Coronakrise" (Sociological perspectives on the Corona crisis) of the Berlin Social Science Center (WZB), GER
- 11/2021 *Personality-Environment Interactions: The Importance of Sociocultural Norms for the Expression and Development of Personality Traits*. Research Colloquium of Prof. Denis Gerstorf, Developmental and Educational Psychology Research Group, Humboldt Universität zu Berlin, Berlin, GER
- 09/2021 *Is Religiosity Powerful Enough to Change Basic Personality, Endowing Believers with a Culture-Fit-Personality?* 18th German Society for Psychology (DGPs) Congress, Section Differential Psychology, Personality Psychology, and Psychological Diagnostics, Ulm, GER
- 09/2019 *Extracting the Big Two from the Big Five: A Four-Way Competition*. 51st German Society for Psychology (DGPs) Congress, Dresden, GER
- 07/2018 *The importance of the sociocultural context for the relationship between Big Five facets and religiosity*. Research Colloquium of Prof. Ara Norenzayan, Center for Human Evolution, Cognition, and Culture, University of British Columbia, Vancouver, CA
- 02/2018 *Extracting the Big Two from the Big Five: A Four-Way Competition*. (Poster) Annual Convention der Society for Personality and Social Psychology, Atlanta, USA
- 09/2017 *Approximation der Big Two mit Items des Big Five Inventory* (Approximating the Big Two with items from the Big Five inventory). 14th German Society for Psychology (DGPs) Congress, Section Differential Psychology, Personality Psychology, and Psychological Diagnostics, Munich, GER
- 07/2017 *The Importance of the sociocultural context for the relationship between Big Five facets and religiosity*. (Poster) Preconference "Self & Identity" of the General Meetings der European Association of Social Psychology, Granada, ES
- 01/2017 *The Importance of the Sociocultural Cultural for the Relationship Between Big Five Facets and Religiosity: A Sociocultural Motives Perspective*. (Poster) Preconference "Self & Identity" der Annual Convention der Society for Personality and Social Psychology, San Antonio, TX, USA
- 07/2016 *Assessing Agency and Communion with Items from the Big Five Inventory*. (Poster) 18th European Conference on Personality Psychology, Timisoara, RO

## SCIENTIFIC COMMUNICATION (A SELECTION)

### Policy Advice

- 2022 *Epidemiologie von Einsamkeit in Deutschland (Epidemiology and Loneliness in Germany)*. Expert commissioned by the Kompetenznetz Einsamkeit (Competence network on loneliness) of the German Federal Ministry for Family Affairs, Senior Citizens, Women and Youth (BMFSFJ)
- 2021 *Einsamkeit in Nordrhein-Westfalen: Zahlen, Ursachen und Folgen im bevölkerungsreichsten Land (Loneliness in North Rhine-Westphalia: Figures, causes, and consequences in Germany's most populous state)*. Expert commissioned by the state government of North Rhine-Westphalia
- 06/2021 *Expertenanhörung im Covid-19 Ausschuss der Bundesrepublik Deutschland (Expert hearing of the Covid-19 Committee of the Federal Republic of Germany)*. Personal invitation and public hearing to the 15th session of the Covid-19 Pandemic Subcommittee on Health and Social Dimensions of the Pandemic

### Print Media

- 11/2021 *Psychische Folgen von Corona (Mental health impacts of Covid-19)*. Interview with Die ZEIT.
- 09/2021 *Familienleben in der Corona-Krise: Wie Mütter und Väter unterschiedliche Pandemien erleben (Family life in the Corona crisis: How mothers and fathers experience the pandemic differently)*. Multi-part series in rbb24.
- 04/2021 *Einsamkeit in der Corona-Krise: "Was kein Ende hat, ist schwer auszuhalten" (Loneliness in the Corona crisis: "What never ends is difficult to endure")*. Interview with ZDF
- 03/2021 *Psychische Belastung in der Coronakrise: Eine Epidemie namens Einsamkeit (Mental distress in the corona crisis: an epidemic called loneliness)*. Article in Der Spiegel

### Radio Interviews

- 02/2022 *Redezeit: Raus aus der Pandemie (Time to talk: Getting out of the pandemic)*. Two-hour live talk show on Norddeutsche Rundfunk
- 12/2021 *Einsamkeit zwischen den Jahren—was die Pandemie mit uns macht (End-of year loneliness—what the pandemic is doing to us)*. Interview with Bayerische Rundfunk
- 06/2020 *Lebenszufriedenheit in Coronazeiten—Einsam, aber resilient (Life satisfaction during the Corona pandemic—Lonely but resilient)*. Interview with Deutschlandfunk

### Public Conferences & Panel Discussions

- 11/2022 *WebTalk: Einsam und ängstlich? Zur psychischen Gesundheit von Frauen in Zeiten der Pandemie (WebTalk: Lonely and anxious? On the mental health of women during the pandemic)*. Invited talk at the Heinrich Pesch House, Catholic Academy in Rhine-Neckar
- 10/2020 *Verbindung abgerissen? – Familien und ihre Außenkontakte (Disconnected? Families and their outside contacts)*. Invited lecture and panel discussion at the 10th Frankfurter Familienkongress 2020
- 09/2020 *Are you lonesome tonight?* Invited lecture at the Federal Women's Council of Alliance 90/The Greens

## MENTORS

### Psychological Diagnostics

Prof. Markus Bühner, Head of the Institute of Psychological Methods and Diagnostics, Ludwig Maximilians University Munich

E-mail: buehner@lmu.de, Phone: +49 89 2180 - 6257

Prof. Augustin Kelava, Director of the Methods Center, University of Tübingen

E-mail: augustin.kelava@uni-tuebingen.de, Phone: +49 7071 29 - 74933

### Personality Psychology & Differential Psychology

Prof. Jochen Gebauer, Professor for Cross-Cultural Social and Personality Psychology, University of Mannheim, E-mail: jgebauer@uni-mannheim.de; Phone: +49 621 181 - 2040

Prof. Wiebke Bleidorn, Chair of Individual Differences and Assessment, University of Zurich

E-mail: w.bleidorn@psychologie.uzh.ch, Phone: +41 44 635 - 7520

## PROFESSIONAL AFFILIATIONS

- Kompetenznetz Einsamkeit (Competence network on loneliness), funded by the German Federal Ministry for Family Affairs, Senior Citizens, Women and Youth (BMFSFJ)
- European Association of Personality Psychology
- Society of Personality and Social Psychology
- American Psychological Association
- Society for Personality and Social Psychology
- German Society for Psychology (DGPs), Section Differential Psychology, Personality Psychology, and Psychological Diagnostics

## ADDITIONAL QUALIFICATIONS

Since 2022                      Certified Systemic Short-Term Therapist (iska Berlin)

Berlin, May 2023



Dr. Theresa M. Entringer